



Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)

By Don Ladigin



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Short, to-the-point, and humorously illustrated by famed outdoor illustrator Mike Clelland, this book presents everything hikers and backpackers need to be safe, comfortable, and well fed while carrying a very small and lightweight pack.



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Editorial Review

From the Back Cover

Walking into the wilderness with a pack on your back is an empowering experience - even more so when that pack you're carrying isn't weighing you down. *Lighten Up!* shows you how to pack light without sacrificing the essentials or your safety. Featuring solid advice and trail-tested tricks from outdoors expert Don Ladigin and more than 150 humorous and helpful illustrations by the incomparable Mike Clelland, *Lighten Up!* is the ultimate guide for beginners and old hands alike. Make it a staple of your lightweight backpack.

About the Author

Don Ladigin has been hiking for more than twenty-five years and has taught the Ultralight Backpacking class at the University of Oregon since its inception in 2000.

Mike Clelland is a NOLS instructor and illustrator who studied *Mad* magazine rather than go to art school. He has numerous books with his name on them, including *Allen & Mike's Telemark Tips* and *Allen & Mike's Really Cool Backpackin' Book*.

Users Review

From reader reviews:

Howard Martinez:

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Jill Goulet:

Playing with family in a park, coming to see the coastal world or hanging out with friends is thing that usually you could have done when you have spare time, and then why you don't try thing that really opposite from that. One particular activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love *Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)*, you are able to enjoy both. It is great combination right, you still need to miss it? What kind of hang type is it? Oh can happen its mind hangout men. What? Still don't understand it, oh come on its referred to as reading friends.

Amber Tyson:

This **Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)** is new way for you who has intense curiosity to look for some information mainly because it relief your hunger of information. Getting deeper you onto it getting knowledge more you know or else you who still having little digest in reading this **Lighten Up!: A Complete Handbook for Light and Ultralight Backpacking (Falcon Guide)** can be the light food in your case because the information inside this kind of book is easy to get simply by anyone. These books create itself in the form and that is reachable by anyone, yeah I mean in the e-book application form. People who think that in e-book form make them feel drowsy even dizzy this book is the answer. So there isn't any in reading a e-book especially this one. You can find actually looking for. It should be here for you. So , don't miss the item! Just read this e-book type for your better life as well as knowledge.

Jamie Durbin:

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