



Trekking in Ladakh, 2nd: India Trekking Guides

By Charlie Loram



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Trekking in Ladakh is the fully revised and extended new edition of Charlie Loram's practical guidebook originally published as Leh & Trekking in Ladakh.



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Editorial Review

From the Back Cover

Trekking in Ladakh is the fully revised and extended new edition of Charlie Loram's practical guidebook originally published as *Leh & Trekking in Ladakh*. This is the guide to low impact trekking in this high altitude region of north-west India.

The spectacular natural landscape of giant mountains, wild deserts and deep gorges, combined with a thriving Tibetan-Buddhist culture makes Ladakh one of the most fascinating destinations in the Himalaya. Inside you'll find: 67 detailed trekking maps covering both classic and lesser-known routes; all the practical information you need to plan your trip, get to Ladakh from North America, Europe, Australia and other parts of Asia, arranging a trek whatever your style of trekking, from a short backpacking trip to a fully-guided expedition; minimum impact for maximum insight, how to travel with sensitivity and awareness through a fragile region; background information on history, culture and language; Delhi, Manali and Leh street plans, what to see where to stay; health and mountain safety.

Users Review

From reader reviews:

Gemma Jackson:

Have you spare time for a day? What do you do when you have far more or little spare time? Sure, you can choose the suitable activity to get spend your time. Any person spent their own spare time to take a go walking, shopping, or went to typically the Mall. How about open or even read a book allowed Trekking in Ladakh, 2nd: India Trekking Guides? Maybe it is to be best activity for you. You understand beside you can spend your time using your favorite's book, you can better than before. Do you agree with their opinion or you have different opinion?

Kurt Hooper:

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Trekking Guides yet doesn't forget the main level, giving the reader the hottest as well as based confirm resource information that maybe you can be certainly one of it. This great information can easily drawn you into brand new stage of crucial contemplating.

Paul Dubose:

A number of people said that they feel weary when they reading a guide. They are directly felt the item when they get a half parts of the book. You can choose the book Trekking in Ladakh, 2nd: India Trekking Guides to make your current reading is interesting. Your personal skill of reading skill is developing when you like reading. Try to choose very simple book to make you enjoy to see it and mingle the sensation about book and looking at especially. It is to be initial opinion for you to like to wide open a book and study it. Beside that the book Trekking in Ladakh, 2nd: India Trekking Guides can to be your new friend when you're experience alone and confuse with the information must you're doing of this time.

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