



Introductory Foods (14th Edition)

By Barbara Scheule Ph.D. RD, Marion Bennion



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A market-leading introduction to all things food.

Introductory Foods, 14e, is a market-leading introduction to the fundamental principles of food preparation and the many innovations and emerging trends in food science and technology. The text explores the “how’s and why’s” of food preparation and integrates food preparation, science, technology, safety, government regulation, and consumption trends while imparting an appreciation for the role food plays in human life, culture, and health. Chapters follow a scientific approach to examine ingredients and techniques used in food preparation. *Introductory Foods* is ideal for introductory courses in food preparation for students studying nutrition and dietetics, hospitality management, family and consumer science education, and culinary arts.

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This text will provide a better teaching and learning experience—for you and your students. It provides:

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- **Student- and instructor-friendly resources.** Numerous features facilitate both learning and teaching.



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