



Handbook of Self-Determination Research

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Over the past twenty years an increasing number of researchers from various universities have been investigating motivational issues underlying the self-regulation of behavior. Using either Self-Determination Theory or closely related theoretical perspectives, these researchers have performed laboratory experiments, as well as field studies in a variety of real-world settings, including education, work, parenting, health care, sport, and protection of the environment. In April 1999 thirty of these researchers convened at the University of Rochester to present their work, share ideas, and discuss future research directions. The Handbook of Self-Determination Research is an outgrowth of that important and fascinating conference. It summarizes the research programs of these social, personality, clinical, developmental, and applied psychologists who have a shared belief in the importance of self-determination for understanding basic motivational processes and for solving pressing real-world problems. Eighteen chapters, including an overview of self-determination theory, present the current state of the research in this scientifically rigorous, yet highly relevant, approach to studying motivational problems in various life domains. Researchers from eighteen universities in the United States, Canada, and Germany present concise and up-to-date accounts of their research programs concerned with the self-determination of human behavior. In these chapters, scholars also consider the relevance of the research on self-determination to other areas of inquiry such as coping, self-esteem, and interest. Edward L. Deci and Richard Ryan are professors of psychology in the University of Rochester's Department of Clinical and Social Sciences in Psychology.



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Editorial Review

Review

All in all, this book is a valuable resource for a wide range of current topics in self-determination theory and practice. It is highly recommended for practitioners attempting to empower their clients/patients to lead self-determined, authentic, quality lives. The theories and research presented in the Handbook of Self-Determination Research can be implemented easily into one's practice. THE JOURNAL OF MIND AND BEHAVIOR

About the Author

Edward L. Deci and Richard Ryan are professors of psychology in the University of Rochester's Department of Clinical and Social Sciences in Psychology.

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Hey guys, do you desires to finds a new book to learn? May be the book with the name Handbook of Self-Determination Research suitable to you? Often the book was written by famous writer in this era. Typically the book untitled Handbook of Self-Determination Research is the one of several books in which everyone read now. This particular book was inspired a number of people in the world. When you read this book you will enter the new way of measuring that you ever know before. The author explained their concept in the simple way, and so all of people can easily to be aware of the core of this publication. This book will give you a great deal of information about this world now. So you can see the represented of the world in this particular book.

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