



Surgical Management in Snoring and Sleep-disordered Breathing

By Rodolfo Lugo, M.D. Saldana



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Obstructive sleep apnoea is a condition where the walls of the throat relax and narrow during sleep, interrupting normal breathing (NHS Choices). Surgical Management in Snoring and Sleep-Disordered Breathing is an illustrated guide to the diagnosis and treatment of patients who require surgery for obstructive sleep apnoea. Divided into 15 chapters, the book begins with sleep tests and diagnosis, upper airway exploration and guidance on classification and surgical prognosis of a patient with sleep-disordered breathing. Common modalities for exploring the upper airway, as well as techniques currently under development, are discussed in detail. Further chapters cover a range of surgical procedures. The closing chapters cover anaesthesiology, complications of obstructive sleep apnoea surgery, and the future of sleep-disordered breathing and snoring surgery. Surgical Management in Snoring and Sleep-Disordered Breathing is enhanced by 139 full colour images and illustrations, making this up-to-date and forward looking book an ideal resource for postgraduates, otolaryngologists, anaesthesiologists and surgeons. Key Points * Illustrated guide to the diagnosis and surgical treatment of obstructive sleep apnoea * Covers diagnosis, surgical prognosis, and surgical procedures * Also covers anaesthesiology, complications of surgery, and possible future developments *139 full colour images and illustrations

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About the Author

Rodolfo Lugo Saldana MD Professor of Otolaryngology, Head and Neck Surgery, Sleep Respiratory Disorders, Snoring and Rhinology Postgraduate Course, Department of Otolaryngology, ISSSTE Hospital Constitution Benemeritan University Autonoma of Puebla (BUAP), Director, Ronquidomonterrey Clinic, Monterrey NL, Mexico

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