



Change Your Handwriting, Change Your Life - 30 Day Workbook Journal for Kids

By Bart A. Baggett

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The Handwriting Journal That Changes Lives This is one of the most powerful tools ever created to assist children in building a powerful personality based on a good self-esteem and a strong character. Plus, the child will improve his handwriting in the process. This workbook is a culmination of years of research in the field of scientific handwriting analysis, neuro-linguistic programming, and grapho-therapy. This journal serves the purpose of improving a child's penmanship and conditioning him or her for more success at the same time through neuro-conditioning using the fingers (handwriting). This workbook is designed to be used by a student who is under the supervision of a parent or teacher who has already understand grapho-therapy, at the basic level. This is a journal, not a book about the concepts of grapho-therapy. Users recommend the Handwriting Analysis 101, 201, 301 course for getting a foundation of which personality traits are the most useful for each child. In the most basic language, Grapho-Therapy means changing your handwriting to change your life. It is the process of improving your personality by making conscious changes to your letter formations in your handwriting. Many parents work with the adults workbook while their child works in the children's workbook. Everyone can gain from a better self-esteem and reduced fears. Based on neuroscience, handwriting can alter the specific neuro-pathway inside your brain, which correlates to a specific thought or emotion. Graphology principals hold the key to which stroke effects which emotion. This journal makes it easy, fun, and quick to wire these long lasting changes into the student.

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