



Power Struggles: Successful Techniques for Educators

By Allen N. Mendler, Brian D. Mendler



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It's every educator's worst nightmare: a small classroom disruption evolves into a long-term, lose-lose classroom battle. In the second edition of *Power Struggles*, the authors offer a watertight set of theories, strategies, and preventions on how to defuse classroom disturbances while maintaining integrity and dignity along the way.

At the root of this resource you'll find real-world stories of these strategies in action. Thoughtful activities and easy-to-learn methods of intervention will guide and support you. And, after developing a refined understanding of the root causes of misbehavior, you'll embark on a path toward creating deeper, more meaningful learning in a behaviorally diverse classroom.

Benefits

- * Details the hostility cycle, and where you can break it
- * Offers in-class and out-of-class strategies for relationship building
- * Outlines ways defiant students can be successful in the classroom
- * Illustrates effective language for difficult or resistant students
- * Discusses how to use an "interest inventory" to stay attuned to your student s needs



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Editorial Review

Review

Power Struggles effectively illustrates the possibility as well as the importance of maintaining dignity and respect for both student and teacher during difficult situations. --Philip Ruetz, Special Education Teacher, Evergreen Elementary School, Casa Grande, Arizona

The concept of mutual respect between students and teachers is one that is often forgotten, if not downright ignored. . . . Allen and Brian Mendler give some great ways to remind ourselves of this and strategies for hopefully overcoming these issues. --Rory Mack, Reading Teacher, East High School, Laramie, Wyoming

About the Author

Allen N. Mendler, PhD, has worked extensively with children of all ages in general and special education settings. An experienced educator and school psychologist, he has consulted for many schools, as well as day and residential centers throughout the world, providing training on classroom management, discipline, and best practices for motivating difficult students. His work focuses on developing effective frameworks and strategies for educators, youth professionals, and parents to help youth at risk succeed.

An accomplished author, Allen's titles include *Motivating Students Who Don't Care*; *Connecting With Students*; *What Do I Do When . . . ?*; *MORE What Do I Do When . . . ?*; and *Handling Difficult Parents*. He coauthored *Discipline With Dignity for Challenging Youth* and *As Tough as Necessary* with Richard L. Curwin. His latest video set, *The Four Keys to Effective Classroom and Behavior Management*, which he developed with Curwin and Brian Mendler, won the 2007 Association of Educational Publishers Distinguished Achievement Award in School/Class Management Technology. In addition to his books and staff development programs, Allen has published articles in *Educational Leadership*, *Reclaiming Children and Youth*, and *Parenting*.

An acclaimed presenter, Allen has presented for such educational organizations as Phi Delta Kappa, the National Association of Secondary School Principals, the Association for Supervision and Curriculum Development, and *Reclaiming Children and Youth*. His *Discipline With Dignity* program was made the official program of the New York State United Teachers. Training and workshops on this program have been provided to tens of thousands of educators in schools throughout North America, Europe, Japan, and Israel.

Allen earned his undergraduate degree in psychology and education from Queens College, master's degree in psychology from Alfred University, and doctorate in school psychology from Union Graduate School.

Brian D. Mendler is president of the Teacher Learning Center and a highly-sought after consultant. The strategies he shares with K-12 teachers and administrators are practical and timely, and most importantly, they work with difficult and disruptive students. Brian has extensive experience working with challenging students in general education, self-contained, and inclusion classrooms. He is also an adjunct professor at St. John Fisher College in Rochester, New York, where he teaches behavior management and introductory special education classes. Brian's book *Tips 4 Teachers* is an easy-to-read, practical resource that provides educators with specific strategies from the *Discipline With Dignity* approach to behavior management. Brian is also author of *The Taming of the Crew* and is coauthor, with Richard Curwin and Allen Mendler, of *Discipline With Dignity*, 3rd edition, and *Strategies for Successful Classroom Management*. In addition, Brian contributed to the video program *The Four Keys to Effective Classroom and Behavior Management*.

featuring Curwin and Allen Mendler.

Brian graduated from the State University of New York at Fredonia with majors in communication and video production and minors in English and journalism. He earned a master's degree from D'Youville College in Buffalo, New York. Brian is a volunteer for the Big Brothers Big Sisters program and for Special Olympics track-and-field and softball programs.

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