



Come Back: A Mother and Daughter's Journey Through Hell and Back (P.S.)

By Claire Fontaine, Mia Fontaine



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In powerful parallel stories, mother and daughter give mesmerizing first-person accounts of the nightmare that shattered their family and the amazing journey they took to find their way back to each other. Claire Fontaine's relentless cross-country search for her missing child and ultimate decision to force her into treatment in Eastern Europe is a gripping tale of dead ends, painful revelations, and, at times, miracles. Mia Fontaine describes her refuge in the seedy underworld of felons and addicts as well as the jarring shock of the extreme, if loving, school that enabled her to overcome depression and self-loathing. Both women detail their remarkable process of self-examination and healing with humor and unsparing honesty.

Come Back is an unforgettable true story of love and transformation that will resonate with mothers and daughters everywhere.



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Come Back: A Mother and Daughter's Journey Through Hell and Back (P.S.) By Claire Fontaine, Mia Fontaine **Bibliography**

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Editorial Review

From Publishers Weekly

A nightmarish saga of a teenage runaway in L.A. ends triumphantly thanks to love and support from her screenwriter mom and stepdad. At 15, Mia gets involved in a dangerous drug and Wicca scene, stunning her successful, controlling mother, Claire, and stepfather, Paul. But the signs were in place earlier, after Mia's history of being sexually abused by her biological father, a violent, vindictive drug user whom Claire left with difficulty. Sent to Indiana to live with Claire's sister, Mia starts using cocaine heavily and even gets arrested. When the destructive behavior (including self-mutilation) accelerates, Claire and Paul send Mia to the unlikely Morava Academy, in the Czech Republic, a kind of Spartan military institution where 50 teens are rigorously monitored and reprogrammed. Meanwhile, back in L.A., the parents undergo an intensive group therapy called Discovery to learn to shed guilt for their daughter's behavior, and also forgive her. Oddly, Morava is soon shut down after allegations of staff abuse, but Mia goes through a brilliant turnaround at Spring Creek Lodge in Montana. Mia's desperate diary entries appear between Claire's lively, angry, sarcastic narrative, allowing mother and daughter to maintain a heart-wrenching, honest dialogue. (Mar.) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

"Come Back is a testament to the power of the love between a mother and a daughter." (New York Times Book Review)

"Best mother-daughter memoir." (Glamour)

"We strongly recommend this powerful mother-daughter memoir...Intense, shocking, and ultimately triumphant..." (Barnes & Noble)

"A nightmarish saga of a teenage runaway in L.A. ends triumphantly. . . . Heart-wrenching, honest dialogue." (Publishers Weekly)

"A powerful and moving story of two brave women who struggled through darkness into the light." (Susan Forward, Ph.D., author of Toxic Parents)

"A rare, visceral reading experience....Offering lessons in living, loving, and accepting responsibility that could benefit every reader." (Edwin John Wintle, author of Breakfast with Tiffany: An Uncle's Memoir)

"One of those rare books I could hardly put down until I finished. . . . Brilliant—and often funny, too!" (Leah Komaiko, author of Am I Old Yet?)

About the Author

Claire Fontaine and Mia Fontaine are the coauthors of the bestselling memoir *Come Back: A Mother and Daughter's Journey Through Hell and Back*.

A former screenwriter, Claire divides her time between the United States and Europe, where she is researching a historical novel and doing a comparative analysis of *les éclairs au chocolat de Paris*. She is also a certified relationship coach and a certified life coach.

A popular motivational speaker, Mia has written for the *New York Times*, *Huffington Post*, *Ms.* magazine, and Atlantic Online, and is currently at work on a narrative nonfiction book that combines four of her greatest interests: travel, human behavior, history, and culture. She lives in New York City.

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Users Review

From reader reviews:

Rebecca West:

Book will be written, printed, or highlighted for everything. You can know everything you want by a guide. Book has a different type. As you may know that book is important matter to bring us around the world. Beside that you can your reading talent was fluently. A e-book *Come Back: A Mother and Daughter's Journey Through Hell and Back (P.S.)* will make you to become smarter. You can feel considerably more confidence if you can know about every thing. But some of you think that will open or reading a new book make you bored. It is not make you fun. Why they are often thought like that? Have you looking for best book or suited book with you?

Brandon Macdonald:

The publication with title *Come Back: A Mother and Daughter's Journey Through Hell and Back (P.S.)* includes a lot of information that you can learn it. You can get a lot of advantage after read this book. This specific book exist new know-how the information that exist in this reserve represented the condition of the world currently. That is important to you to learn how the improvement of the world. This particular book will bring you in new era of the the positive effect. You can read the e-book in your smart phone, so you can read the idea anywhere you want.

Theresa Villarreal:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them family members or their friend. Were you aware? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity here is look different you can read the book. It is really fun for yourself. If you enjoy the book that you read you can

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