



Doctoring Data: How to sort out medical advice from medical nonsense

By Dr Malcolm Kendrick

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Is coffee good for you? Will sausages kill you? Should you avoid sugar, fat, salt, or all three? Booked your smear test yet? Checked your balls? Considering bariatric surgery? Are you taking statins like a good boy or girl? ... Or should you just ignore this relentless bombardment of medical advice and remember that no one gets out of life alive. With the same brilliance and humour that bowled us over in "The Great Cholesterol Con", Dr Kendrick takes a scalpel to the world of medical research and dissects it for your inspection. He reveals the tricks that are played to make minute risk look enormous. How the drug trials are hyped, the data manipulated, the endless games that are played to scare us into doing what, in many cases, makes the most money. After reading this book you will know what to believe and what to ignore. You'll have a much greater understanding of the world of medical research. A world in crisis. "It is simply no longer possible to believe much of the clinical research that is published, or to rely on the judgment of trusted physicians or authoritative medical guidelines. I take no pleasure in this conclusion, which I reached slowly and reluctantly over my two decades as an editor of The New England Journal of Medicine." Dr. Marcia Angell.

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Bibliography

- Sales Rank: #224161 in Books
- Published on: 2015-02-09
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .67" w x 6.00" l,
- Binding: Paperback
- 296 pages

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Editorial Review

About the Author

Dr Kendrick graduated from medical school in Aberdeen and trained as a General Practitioner in Scotland. After ten years he split his time between General Practice and education. On the doctor side, Malcolm currently lives and works in Cheshire in General Practice, Intermediate Care and Out of Hours. On the education side, Malcolm set up the on- line educational system for the European Society of Cardiology, working with the European Commission and also set up the first website for the National Institute for Clinical Excellence (NICE) in the UK. Malcolm is an original member of the Centre for Evidence Based Medicine in Oxford and of The International Network of Cholesterol Sceptics (THINCS). The latter comprises a group of scientists, doctors and researchers who share the belief that cholesterol does not cause cardiovascular disease. This is the field of medicine for which Malcolm is best known. His long term interest in the epidemiology of cardiovascular disease has resulted in many publications in journals such as the BMJ, Medical Hypotheses, Pulse and PharmacoEconomics. His breadth and depth of expertise in this area led to his election to Who's Who in 2009. The Great Cholesterol Con was the book that firmly placed Malcolm on the world stage of the 'diet-cholesterol-heart' hypothesis and his army of followers are eagerly awaiting his next bout of wit and wisdom. Malcolm blogs at drmalcolmkendrick.org and lectures by invitation. Married with two children and two cats, Malcolm would like more people to challenge the status quo, and never just accept the party line. He likes to ski, golf, sail,

Users Review

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Thomas Murray:

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