



Real Love in Marriage: The Truth About Finding Genuine Happiness Now and Forever

By Greg Baer

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Why do more than half of all marriages end in divorce? And why is there so much unhappiness in the marriages that survive? Greg Baer offers the solutions for a long-lasting marriage in his anticipated follow-up to *Real Love*

No matter how many wounds have been inflicted in a marriage, Greg Baer believes that they can be healed, giving both partners the sense of fulfillment and joy they've always wanted. With practical anecdotes and exercises throughout, Baer shows you:

- * Why our spouses are not the root cause of how we feel and behave
- * The truth about why we get angry with our spouses and argue with them
- * How to eliminate—not just manage—anger and conflict
- * How to identify what we need to change about ourselves
- * How you and your partner can both get what you want out of the marriage
- * How you can break the cycles of expectation and disappointment
- * How to prevent divorce, and how to know when it's the right option

There are no quick solutions to fixing a marriage. With Greg Baer as your guide, you can begin to heal the wounds of the past and cultivate the lifelong commitment to stay with your partner while learning how to unconditionally love him or her.

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Bibliography

- Sales Rank: #137756 in Books
- Brand: Brand: Gotham Books
- Published on: 2007-09-20
- Released on: 2007-09-20
- Original language: English
- Number of items: 1
- Dimensions: 7.97" h x .74" w x 5.35" l, .65 pounds
- Binding: Paperback
- 352 pages

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Editorial Review

Review

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"Ladies Home Journal"

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About the Author

Greg Baer, M.D. is the author of **REAL LOVE** and founder of The Real Love Institute. An expert on the subjects of anger elimination, relationships, dating, love, marriage, parenting, and workplace conflict resolution, he conducts seminars and workshops around the country.

Users Review

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Shirley Pedro:

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