



Modern Indian Cooking

By Hari Nayak, Vikas Khanna

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This book represents this author's take on modern Indian cuisine whether cooked for family or for guests, prepared using fresh ingredients and designed to accommodate the modern lifestyle. Indian cooking is often perceived as intimidating due to the use of a wide range of unusual ingredients and complex cooking procedures. "Modern Indian Cooking" is an attempt to recreate classic Indian dishes by using simplistic techniques along with juxtaposing non-Indian ingredients with traditional ingredients. Throughout the book, Nayak and Khanna strive to bring traditional Indian cuisine to simplified levels fit for modern living and entertaining, while keeping the flavours and authenticity intact. "Modern Indian Cooking" celebrates the grandeur of the food of India while preserving the character of each region's distinctive style of cooking. While creating this book, Nayak and Khanna took into account the different ways we cook and eat food in modern life and the new kinds of ingredients that are now readily available. "Modern Indian Cooking" provides a wonderful insight into the richly diverse nation of Indian and the many flavours she brings to our tables.

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