

Becoming an Emotionally Intelligent Teacher

By William Powell, Ochan Kusuma-Powell



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Are you an emotionally intelligent teacher who engages your students in learning? Because teaching behaviors and personalities can affect student achievement, teachers who develop their emotional awareness and interpersonal skills are better able to manage their classrooms and promote student success.

Based on Daniel Goleman's five components of emotional intelligence, this guide shows how self-awareness, self-regulation, motivation, social awareness, and relationship management can help teachers increase their effectiveness in the classroom. The authors provide research, case studies, and essential tools that help teachers to:

- Understand how their conscious and unconscious behaviors affect the learning environment
- Refine their verbal and nonverbal communication skills
- Manage their feelings and frustrations
- Interpret student behaviors, developing insight into how students perceive their teaching styles
- Hone their presentation skills

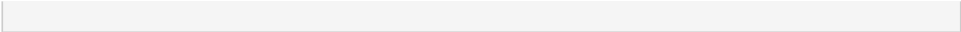
Becoming an Emotionally Intelligent Teacher includes practical activities and exercises that are perfect for enhancing your emotional intelligence independently or as part of a professional development opportunity.



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Bibliography

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Editorial Review

Review

"I found myself saying 'Amen!' continuously as point after point was right on target with my experience and perspective. The authors present and thoroughly discuss such vital teacher attributes as empathy, humor, relationships, reflection, self-discovery, self-awareness, and motivation. This book would be an excellent focus for a faculty on professional development days." (Brinton W. Woodward, Jr., Director 2009-08-07)

"Bill and Ochan Powell start from the double premise that teachers with strong emotional intelligence are able to help students learn in a more effective and efficient manner, and, perhaps more important, that emotional intelligence is not simply something that one is born with, but rather something that can be developed. The Powells take us on a wonderful journey that combines the theory of emotional intelligence with illustrations and vignettes that make the theory readily understandable in the context of the school and the classroom. This is all tied together with practical activities and exercises that teachers and professional development specialists can use to enhance the emotional intelligence of teachers." (Vincent L. Ferrandino, Former Executive Director 2009-08-28)

"Bill and Ochan Powell's book goes some considerable way to explaining the 'you've either got it or you haven't' part of teaching, and will help teachers and school leaders identify why some teachers struggle to be effective in the classroom and, most important, how they can help themselves and be helped. It explains how and why relationships are at the core of what it means to be an adult and what it means to be a teacher, and how all teachers can develop stronger, more positive relationships that will result in better learning for students." (Judith Fabian, Chief Academic Officer 2009-09-01)

"The authors bring together the importance and impact of the teacher's emotional intelligence upon the learner. This book provides clarity to the complex connectivity between emotions and cognition. With great care and sensitivity, Powell and Kusuma-Powell describe and outline the coordinated effort needed by school personnel to provide a series of activities and exercises for teachers in the area of emotional intelligences. A must-read for school administrators and teachers." (Daphne Pappas Hobson, Director of International Programs 2009-10-01)

About the Author

William Powell has served as a school educator for the past thirty years in the United States, Saudi Arabia, Tanzania, Indonesia, and Malaysia. With his wife Ochan, Powell has also written *Count Me In! Developing Inclusive International Schools* (Corwin) and *Making the Difference: Differentiation in International Schools* (Corwin). Bill is a frequent contributor to educational journals and presents regularly at international educational conferences. Powell currently lives on a small farm in the French Pyrenees with his wife and a handful of sheep.

Ochan Kusuma-Powell is a graduate of Columbia University with a doctorate in international education development and has developed and implemented special education programs in the United States, Indonesia, Malaysia, and Tanzania over the last thirty years. Kusuma-Powell is the co-founder and director of Education Across Frontiers, an organization that promotes teacher education toward the development of professional learning communities. She has coauthored two books with her husband and wrote *Parent Advocacy in International Schools* (Corwin). Kusuma-Powell resides in the French Pyrenees.

Users Review

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Raul Joyner:

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