



Aging and Chronic Disorders

By Stephen J. Morewitz, Mark L. Goldstein



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Focusing on the most prevalent conditions affecting seniors - including diabetes, cardiovascular disease, osteoporosis, arthritis, and fibromyalgia - Morewitz and Goldstein analyze the impact of chronic disease on aging. Separate chapters are devoted to cognitive changes, psychological problems, and trends in health care utilization, and all chapters are amplified by current research findings.



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Editorial Review

Review

From the reviews:

"Focuses on the most prevalent conditions affecting older adults. Topics include elders and health care utilization and costs, chronic disease and quality of life, psychological problems, and cognitive changes." *Academia: an online magazine and resource for academic libraries*, Nicki's Picks, September, 2007

"Consultant Morewitz and practitioner Goldstein locate the eight chronic diseases most closely associated with old age and focus on how they affect the patient, including in terms of cost, independence and comfort...Although written for students and clinicians, this is accessible enough to be read by patients and caregivers." *Sci Tech Book News*, September, 2007

"The authors have reviewed an extensive body of recent literature on chronic health conditions disproportionately affecting older adults, as well as associated health care utilization and cost patterns. ... the authors have amassed a wealth of information and an expansive overview of issues affecting the health and well-being of older adults. ... The book lists the intended audiences as professionals and students in gerontology, medicine, nursing, public health, mental health, social work, education, health administration, health policy, and the social sciences." (Patrick Fox, *Journal of the American Medical Association*, Vol. 298 (20), 2007)

"The authors have amassed a vast amount of information regarding the incidence and consequences of chronic illness in aging individuals. ... This book will be ... a starting place for students in health care and gerontology. Of particular use is the substantial list of references. Summing Up: Recommended. Libraries that serve academic programs in gerontology and other health care disciplines; lower-/upper-level undergraduates, practitioners, and general readers." (T. D. DeLapp, *CHOICE*, Vol. 45 (5), January, 2008)

From the Back Cover

What impact does chronic disease have on aging, and what can we do about it?

Aging and Chronic Disorders brings the most up-to-date answers into clear, readable focus. Focusing on the most prevalent conditions affecting older adults (diabetes, cardiovascular disease, cancer, osteoporosis, osteoarthritis, rheumatoid arthritis, low back pain, and fibromyalgia), Morewitz and Goldstein analyze disabilities and risk factors, stressors and coping strategies, treatment and rehabilitation methods, and patient education and self-management. Separate chapters are devoted to cognitive changes, psychological problems, and trends in health care utilization among seniors, and all chapters are amplified by current research findings and instructive case studies. As in their recent work, *Chronic Diseases and Health Care*, the authors have geared their coverage to reflect the field's most pressing goals:

- Provide health care that is both clinically effective and cost-effective.
- Help elders be more proactive and self-sufficient.

- Reduce the burden on caregivers.
- Improve patients' access to health resources and social support.
- Improve older adults' quality of life.

With its wide range of issues, *Aging and Chronic Disorders* is a major resource for clinicians and students in primary care, gerontology, nursing, rehabilitation, epidemiology, public health, and mental health. Public health administrators and policymakers should find important insights here as well.

About the Author

Stephen J. Morewitz has over 18 years experience as a behavioral/public health scientist, university faculty member, and consultant. He runs a research institution in San Francisco supervising faculty research on the epidemiology and psychosocial aspects of the lower extremity disease/injury, disability, diabetes, and arthritis, and more. He has been on the staff or faculty of Michael Reese Hospital & Medical Center, University of Illinois at Chicago, College of Medicine & School of Public Health, DePaul University, Argonne National Laboratory, & the California College of Podiatric Medicine.

Mark L. Goldstein, Ph.D. is a licensed clinical psychologist in Illinois. Dr. Goldstein has a private practice specializing in forensic psychology and counseling. He is also an adjunct professor at the Chicago School of Professional Psychology and consultant to a suburban school system. Dr. Goldstein received his Ph.D. from the University of Florida and was previously a core faculty member at the Illinois School of Professional Psychology and adjunct professor at the University of Illinois College of Medicine and Roosevelt University. He is the editor of a book, *Behavioral Science Education*, and the author of numerous professional articles.

Users Review

From reader reviews:

Ralph Humphries:

Playing with family in a very park, coming to see the water world or hanging out with pals is thing that usually you will have done when you have spare time, and then why you don't try factor that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love *Aging and Chronic Disorders*, you may enjoy both. It is excellent combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its identified as reading friends.

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