



Gestalt Therapy Around the World

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The first internationally focused book on gestalt therapy to provide a comprehensive overview of current practice around the world.

- Features coverage of the history, training, theoretical contributions, and research initiatives relating to gestalt therapy in seventeen countries
- Points to future directions and challenges
- Includes extensive information on worldwide gestalt associations, institutes, and professional societies that promote the development of the approach



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Editorial Review

Review

“Even though a nuanced discussion of the impact of culture on the practice of Gestalt psychotherapy is not present, this book presents an intriguing array of postcards from around the world describing the successes and challenges of Gestalt.” (*PsycCRITIQUES*, 23 June 2014)

Review

Gestalt Therapy Around The World, edited by Eleanor O’Leary, represents a major contribution to the professional literature on psychological therapies. It is an excellent explanation of the theory and practice of Gestalt Therapy as well as how this therapy is practiced in several countries. This book is a must read for anyone who is interested in or practices Gestalt Therapy.—**Richard C. Page, PhD, Professor Emeritus, Department of Counseling and Human Development Services, University of Georgia, Athens, USA.**

Eleanor O’Leary in this textbook accomplishes an extraordinary difficult task. She proposes an integrative Gestalt approach of the whole person (be it cognitive, affective, behavioral, or bodily) which is well based on the integration of the history, key concepts, dialogue and contact, techniques, experiment and dreams of Gestalt therapy. Furthermore she integrates the Gestalt contributions from 17 different countries from all around the globe!—**Joannis N. Nestoros, Professor of Clinical Psychology, University of Crete, Greece.**

From the Back Cover

Since its emergence more than sixty years ago, the influence of gestalt therapy as an integrative approach with existential-humanistic underpinnings has spread to almost all corners of the globe. *Gestalt Therapy Around the World* represents the first comprehensive exploration of the diversity in history, theory, training, professional associations and research in the international gestalt therapy community.

Initial chapters offer an overview of the field, including gestalt therapy’s history and influences, concepts and process, contact and dialogue, techniques, experiments, and dreams. Subsequent chapters discuss the current state of gestalt therapy in Argentina, Australia, Austria, Britain, Canada, Chile, Denmark, Finland, France, Germany, Greece, Ireland, Israel, Italy, Japan, New Zealand, and the USA – with insights from local experts into the history, training, theoretical contributions and research initiatives in each country. Final chapters trace the historical development of gestalt therapy and point to future directions and challenges.

By providing an international perspective, *Gestalt Therapy Around the World* offers trainees and established practitioners invaluable insights into a thriving and widespread form of psychotherapy.

Users Review

From reader reviews:

Susan Metcalf:

Why? Because this Gestalt Therapy Around the World is an unordinary book that the inside of the guide waiting for you to snap this but latter it will distress you with the secret the idea inside. Reading this book close to it was fantastic author who else write the book in such awesome way makes the content on the inside easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you for not hesitating having this any longer or you going to regret it. This excellent book will give you a lot of positive aspects than the other book have such as help improving your expertise and your critical thinking means. So , still want to postpone having that book? If I were you I will go to the e-book store hurriedly.

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Scott Frew:

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