



Dr. John Lee's Hormone Balance Made Simple: The Essential How-to Guide to Symptoms, Dosage, Timing, and More

By John R. Lee, Virginia Hopkins



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The authors of the classic books on menopause and premenopause bring women an easy-to-use guide on balancing hormone levels safely and naturally



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Editorial Review

About the Author

Dr. John Lee was internationally known as an expert in the study of progesterone and HRT. He received degrees from Harvard and the University of Minnesota and ran a family medical practice for over 30 years

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Jo Melvin:

The guide untitled Dr. John Lee's Hormone Balance Made Simple: The Essential How-to Guide to Symptoms, Dosage, Timing, and More is the book that recommended to you to see. You can see the quality of the publication content that will be shown to a person. The language that publisher use to explained their way of doing something is easily to understand. The article author was did a lot of investigation when write the book, and so the information that they share for your requirements is absolutely accurate. You also can get the e-book of Dr. John Lee's Hormone Balance Made Simple: The Essential How-to Guide to Symptoms, Dosage, Timing, and More from the publisher to make you a lot more enjoy free time.

Linda Fite:

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Herbert Knight:

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